

We are looking to expand our Board.

Cowichan Family Life Association
invites you to attend our

Annual General Meeting
Friday, January 31, 2020
6:30 p.m.

#28, 127 Ingram Street, Duncan
(arrive at back door on Evans Street)

Our services include:

Affordable Counselling, Peer Counsellor Training, Healing Anger Workshop, and Personal Power

Back in 1970, CFLA grew out of a grassroots movement driven by concerned and caring people, who believed counselling services should be available to everyone and that people like you and I could learn the fundamental skills to provide quality counselling support.

CONTACT

250-748-8281

www.cowichanfamilylife.org

COWICHAN FAMILY LIFE



▶ *Supporting
Cowichan Families
since 1970.*

Our Mission:

To support individuals and families to strengthen relationships and reach their full potential.

OFFICE

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WE are a non-profit charity operating in the Cowichan Valley for almost 50 years that provides social services for individuals, children and families. The cornerstone of the agency is our affordable peer counselling, peer counselling training, and community groups for adult participants.

We graciously accept donations throughout the year and provide receipts for income tax purposes.

*We acknowledge the financial assistance of
the Province of British Columbia.*